

lookfantastic®

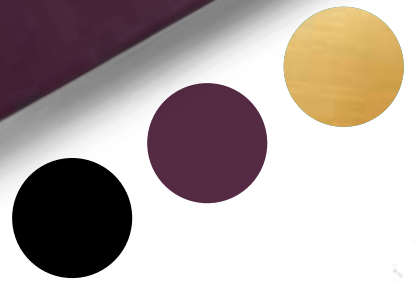
FEBRUARY 2017

BEAUTY BOX

the
RUNWAY
EDITION



DISCOVER YOUR MOST *opulent* BEAUTY PRODUCTS YET, WITH *innovative* INGREDIENTS FROM THE MOST *luxurious,* ON TREND BRANDS



Luxurious Feel



Push Fabrics



High Fashion



Haute Couture

Runway READY



@lookfantastic

#LFRUNWAY
#LFBEAUTYBOX

LOVE it

#LFRUNWAY

Love your Lookfantastic Beauty Box?

Don't forget to join in the conversation on our social channels by tagging us @Lookfantastic and using #LFBEAUTYBOX. We love seeing your photos, and you never know, in the next edition you may see your feedback below!

*#LFBEAUTYBOX Twitter Party:
Thursday 16th February from
7pm – 8pm GMT.*

*Join us for our famous Twitter Party!
Every month we host a Twitter chat full of
exclusive tips from brands and bloggers,
plus there's always an opportunity to win
some great prizes! Come and join the party
on Thursday 16th February from 7pm.
We can't wait to see you there!*

*We hope you love this Beauty Box
as much as we do, so make sure
you share your thoughts with us on
Facebook, Twitter and Instagram.
We can't wait to hear from you!*

*"The Lookfantastic Beauty Box without a
doubt gives you ample opportunity to try
upmarket beauty brands without the hefty
price tag, it's a great way to trial beauty
products from brands we all love."*

WhichBeautyBox

*"I have been absolutely blown away
by my boxes! I love the incredible
combination of products!"*

Martina Carmen

the FEBRUARY EDIT

So, Fashion Week is upon us and what better way to celebrate than with exclusive model interviews and a special Illamasqua makeover?

With new and exciting beauty trends popping up amid the fabulous fashion, we cannot wait to discover what February has in store for us...



what's in
THE BOX?

get the
LOOK

Perfect your best lip look yet with Illamasqua's Antimatter Lipsticks.

6
9
10

one minute
BEAUTY
MIRACLES



12

beauty glossary
TRENDING
INGREDIENTS

Discover the hottest beauty ingredients of the moment.

fashion week focus:
MODEL
INTERVIEWS

Find out all about model life with and Yasmin Salmon.

14



16

fashion week
HEALTH:
PERRICONE

how to
COMBAT
STRESS

18



20

coming up
NEXT
MONTH...

Take a sneak peek at what has just launched at Lookfantastic...

Contributors: Rachel Horsefield, Amelia Twentyman, Ghalia Khan, Chloe Griffiths, Ian Brennan, Sasha King, Ben Carter, Holly Tomkins, Jasmine Gibson, Dan Howarth, Donna Russell and Grace Herd.

All prices correct at time of print. We reserve the right to change our prices at any time. All items subject to availability.

what's in THE BOX?



THE ORDINARY NATURAL MOISTURIZING FACTORS + HA

For a hydrated and plumped-up complexion post Fashion Week, The Ordinary's Moisturiser will keep you looking great. Infused with Hyaluronic Acid, Ceramides and Glycerin, it works to put the water back into your skin so it feels and looks incredible.

TOP TIP:

Apply after your serum for an instant luminosity to your skin!

We love it

Even though this moisturiser is super hydrating, it doesn't feel heavy or oily on the skin; instead sinking in immediately for a natural glow.



THIS WORKS DEEP SLEEP STRESS LESS

This handy little rollerball is ideal for keeping in your handbag for those stressful situations on the go (especially post Fashion Week!). Infused with Eucalyptus and Lavender, it helps to fight tension and insomnia; leaving you feeling at ease and without stress!

TOP TIP:

If you are feeling slightly under the weather, roll the oil onto a tissue and inhale to relieve mental fatigue.

We love it

You can roll the therapeutic oil straight onto your skin for an immediate calming scent.



YOU WILL RECEIVE ONE OF THE MUD MASKS (LEFT) IN YOUR #LFBEAUTYBOX.

BORGHESE FANGO MUD MASK

The Fango Mud Masks are a range of different purifying treatments to refine your complexion and give you brighter and healthier skin. Each one contains a blend of clays that improve the condition, appearance and texture of your skin for a gorgeous glow.

TOP TIP:

Apply onto your skin when you are in a warm bath so your pores open and the mud can work its magic!

We love it

Each mask contains a blend of powerful and active ingredients that work to deliver real results, leaving you with a healthy and luminous complexion.



POLAAR ICY MAGIC ROLL ON

This revitalising roll-on for your eyes leaves you feeling instantly awakened and refreshed thanks to its natural blend of plant ingredients. The icy rollerball helps to de-puff and decongest the eye area to eliminate dark circles and water retention.

TOP TIP:

Draw an oval shape around the eye, starting from the inner corner and massage in.

We love it

This product sinks in quickly so you can swipe, apply your makeup and be ready incredibly quickly!

SHOP NOW

Shop all beauty products at Lookfantastic.com

what's in THE BOX?



MODEL CO EYE LITES METALLIC SHADOW

To become your own runway model, swipe a layer of the Model Co. Eye Lites Metallic Shadow across your lids for a sparkling finish. It gives a gorgeous glow to keep you looking perfect on and off the catwalk.

TOP TIP:

Use over your normal eye shadow for an iridescent diamond effect.

We love it

The innovative, lightweight formula feels cool on the skin and wears comfortably all day or all night long (for those post-fashion parties.)



MYVITAMINS CATWALK QUEEN

The myvitamins Catwalk Queen is the perfect blend of vitamins, minerals and extracts, including Vitamin C, Zinc and Bamboo Extract that work effortlessly to boost the natural appearance of your hair, skin and nails.

TOP TIP:

Catwalk Queen provides over 100% of the daily recommended intake of Vitamin D3, giving life to hair. So if you are having a bad hair day, make sure to take your Catwalk Queen!

We love it

Packed with Beauty benefits, keep this handy supplement in your handbag so that whenever you find yourself on the catwalk, you'll be Queen!

ONE MINUTE

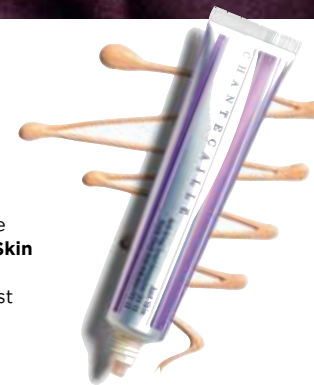
BEAUTY MIRACLES

FASHIONISTAS' ARE CONSTANTLY ON THE GO, AND WITH ALL THE RUNWAY SHOWS WE HAVE TO RUN TO, WE DON'T HAVE TIME FOR LENGTHY BEAUTY ROUTINES. INSTEAD, WE WANT ONE MINUTE BEAUTY MIRACLES THAT PERFECT OUR COMPLEXIONS WITHOUT ANY FUSS.

1

TINT YOURSELF PRETTY

Move away from heavy foundations which need blending out with beauty tools, and instead opt for lightweight tinted moisturisers which can be worked into the skin with your fingers. They give a gorgeous glow and require much less effort! We love **Chantecaille's Just Skin Anti-Smog Tinted Moisturiser**, which perfects the complexion, whilst also protecting it against environmental pollutants; perfect for busy city fashion shows!



2

GO MULTI-PURPOSE

Choose an all-in-one eyeshadow, blush and lip product that can be blended in with your fingers and requires as little fuss as possible. This will let you stay away from multiple brushes and products.

We love **NARS The Multiple in Maui** for a golden glow in the colder weather. It can be used on the eyelids, cheeks and lips for a flush of gorgeous shimmer and colour.



3

NEVER FORGET MASCARA

No matter how much of a rush you're in, never forget to apply your mascara. It immediately opens your eyes, and makes you look more awake.

We love **Lancôme's Volume-à-Porter Mascara**, which lets you add incredible definition, length and volume to your lashes without the need for extra work from a lash curler.



CHANTECAILLE | £58
NARS | £29
LANCÔME | £22.50



FASHION WEEK BEAUTY: ILLAMASQUA

SINCE 2008, WHEN ILLAMASQUA WAS FOUNDED, THEY HAVE ALWAYS BEEN A BEAUTY BRAND WITH A DIFFERENCE.

Illamasqua collections are inspired by rebellious roots, the belief in the value of self-expression and the fight against conformity in beauty. To add to the brand's already covetable line-up, an explosive lipstick range aptly named 'Antimatter' is perfect for Fashion Week. Defined as a substance made up of properties that oppose "normal" matter, the Antimatter Lipstick collection is unique to the beauty universe.

The collection celebrates rebel nature. Available in a range of **18 dynamic shades**, Antimatter Lipsticks are a futuristic and stellar blend that oppose predictable lip textures. The matte yet cream finish provides lips with an eclipse of colour, whilst letting you explore a new and diverse aesthetic.

Nilofar Mussa from the Illamasqua Art Collective provides her rule-breaking advice when it comes to redefining your lips:

'We all have that one favourite go-to lipstick, and no matter how much we want to try something new, we always go back to that one shade. So to mix things up, try staining an opposite colour to the lip, and layering your go-to shade over the top for an updated take on your staple lip look.'

'**Lyra**' is a fantastic shade to shift the colour spectrum from bold reds and pinks into softer nudes and roses due to its warmth. Alternatively, if dark matter is more your vibe, mix '**Energy**' into any other Antimatter lipstick shade for a deep, cool finish.

ILLAMASQUA
ANTIMATTER LIPSTICK | £20

SHOP NOW

Shop all beauty
products at
[Lookfantastic.com](https://www.lookfantastic.com)

trending beauty INGREDIENTS

Nothing gets us more excited than a new ingredient in town which promises to give us great skin and gorgeous hair. As Fashion Week is all about celebrating the unique innovations coming off the catwalk, we are looking at the ingredients heating up in the beauty world...

LIQUORICE ROOT EXTRACT

This botanical herb is super soothing and conditioning on the skin, making it a great choice for stressed-out post Fashion Week complexions. It's rich antioxidant, anti-microbial and anti-inflammatory properties keep your skin clear, calm and protected.

We love it

Alpha-H Liquid Gold exfoliates your skin with Glycolic Acid, but leaves it soothed with the addition of Liquorice Root Extract.

HYALURONIC ACID

Don't forget your locks need some love too to keep them catwalk-worthy. Hyaluronic Acid is brilliant for the hair as it not only prevents a dry scalp (and the dreaded flaking), but can also help to increase hair growth and thickness.

We love it

The Grow Gorgeous Hyaluronic Density Conditioner is infused with Amino Acids, Vitamins and Hyaluronic Acid for super soft, full-looking and healthy hair.

ALGAE

Everyone knows a green smoothie works wonders for your skin, and Algae is the new green on the block. It is brilliant at helping the skin to retain moisture and improving its exterior barrier function to keep it looking plumped up and refreshed.

We love it

Aveda's Tulasāra's Calm Concentrate is rich in antioxidants from Algae and Pomegranate to leave you with a healthy and glowing complexion.

GROW GORGEOUS | £18
AVEDA | £45
ALPHA H | £33.50

SHOP NOW
Shop all beauty products at
Lookfantastic.com



it girl *Yasmin Salmon*



YASMIN SALMON IS FAST BECOMING THE **NEW LONDON "IT GIRL"** WITH HER ATHLETIC AND **GORGEOUSLY PRETTY** LOOKS. LOOKFANTASTIC WERE LUCKY ENOUGH TO SIT DOWN WITH THE GORGEOUS MODEL AND FIND OUT ABOUT HER **BEAUTY ROUTINE...**



HOW DID YOU BEGIN YOUR CAREER IN THE FASHION INDUSTRY?

1. I was scouted on Facebook when I was 14 by a publication called Garage magazine. I went up to London for a casting but sadly didn't get the job. I then went looking for agencies and I've been modelling ever since.

DO YOU HAVE A FAVOURITE DESIGNER TO WORK WITH AND WHY?

2. My favoured designer that I've worked with would have to be Adidas. They're all about embracing strong and confident women of all colours, shapes and sizes. I find working with them really inspiring.

WHAT IS YOUR BEST STYLE TIP YOU HAVE LEARNED FROM BEING A MODEL?

3. Probably that less is more. Enhance your natural beauty and shake what your mama gave ya!

WHERE IS YOUR FAVOURITE DESTINATION YOU HAVE WORKED?

4. I really enjoyed working in the Middle East as the modelling industry is so different out there and it was nice to experience their culture.

BEST BEAUTY TIP?

5. Wash your face even if you're tired! I try and wash my face twice a day using my **FOREO Cleansing Brush**. It's great for unclogging pores and it makes my skin feel super soft.

DESCRIBE YOUR SKINCARE ROUTINE.

6. The skin care products that I'm using at the moment are mostly all from **Elizabeth Arden**. My skin can get quite sensitive after all the makeup I use on a shoot, so I try and stick to rehydrating products to give my skin a break. Firstly I start off by simply washing my

face with warm water, and I then apply my Elizabeth Arden Cleanser. With my **FOREO Cleansing Brush** I gently massage it into the skin, and then wash off the residue with hot water. Once I have patted my face down dry, I use my Elizabeth Arden Toner, which I love as it's alcohol free and doesn't irritate my skin. I then finish by using the **Elizabeth Arden Ceramide Lift and Firm Cream**. It's my all-time favourite as it has shimmer in it which gives you lovely radiant skin. It also contains SPF 30 which is super important even during the winter.

“
The skincare products that I'm using at the moment are all mostly from Elizabeth Arden
”

WHAT IS YOUR DESERT ISLAND BEAUTY PRODUCT?

7. It would have to be my Elizabeth Arden Ceramide Cream; I can't go a day without moisturising skin!

WHAT IS YOUR TOP TIP FOR GLOWING SKIN?

8. Keeping yourself and your skin hydrated is one of the best ways for getting beautiful glowing skin. I'm obsessed with dewy skin at the moment and using the **Monu Skin Illuminating Primer** helps me to achieve this look.

IMAGES FROM

W Model Management
Yasmin Salmon

ELIZABETH ARDEN
CERAMIDE CREAM | **£57**
MONU SKIN ILLUMINATING
PRIMER | **£29.95**

SHOP NOW

Shop all beauty products at
Lookfantastic.com



THE SKIN INNOVATOR

Dr. Nicholas Perricone

We've all heard the expression 'fashion hurts' and this couldn't be more apparent than during the festival of fatigue that is Fashion Week. It's crucial that whilst we button up our couture jackets and get ready to look amazing, we take the opportunity to compliment our style with an inner radiance worth showcasing to the world.

Dr. Nicholas Perricone has dedicated his life's work to understanding the ageing process, developing innovative products and tailored diets to achieve optimum health. His Omega 3 enriched diet plan containing DMAE helps to maintain a youthful complexion and heighten energy levels; making every runway a walk in the park.

For paparazzi worthy skin there's only one thing for it...

Any fashionista will tell you that the building blocks of looking great begin with great skin. The **Cold Plasma** range is the skincare collection that helps to give you a flawless-looking complexion.

The Cold Plasma represents Dr. Perricone's most comprehensive research to date and is the result of five years of development. Formulated with Dr. Perricone's proprietary Liquid Crystal delivery system, Cold Plasma offers the skin all it needs for optimal health, while helping address the ten visible signs of ageing including: *wrinkles, enlarged pores and loss of radiance*. This innovative boosting treatment can be easily applied beneath any serum or moisturiser.

The Energy Boosting Model Diet

IDEAS TO GET YOU GLOWING

Dr. Perricone's Three-Day Diet will help aid in the elimination of puffiness and blemishes, giving you a model-worthy complexion. For Dr. Perricone, Salmon is one of the best things you can eat for skin health, but his rule is that you must eat it twice a day for the effects of its nutrients such as DMAE, Astaxanthin and the essential fatty acids, to make a real difference to your skin.

Skin Glowing Grilled Salmon

INGREDIENTS

- 140g grilled Wild Salmon, seasoned with pepper to taste.
- 150g Green Salad made with Romaine Lettuce or other dark leafy greens such as Spinach.
- Steamed Vegetables such as Broccoli and Asparagus. No root vegetables!
- Extra Virgin Olive Oil and Lemon to taste.

METHOD

1. Grill the salmon for 20 minutes until it has turned opaque.
2. Steam the vegetables for approximately 7 minutes.
3. Toss the salad leaves, olive oil and lemon together.
4. Serve and enjoy!



Health

HOW TO COMBAT STRESS

FASHION WEEK MAY LOOK GLAMOROUS AND FULL OF VIVACITY, AND WHILE IT IS, IT CAN ALSO BE AN INTENSE PERIOD FOR MODELS WHO ARE **STRESSED, FATIGUED AND SUFFERING** FROM JET-LAG. WHETHER YOU ARE ATTENDING FASHION WEEK OR SIMPLY GOING ABOUT YOUR DAILY ACTIVITIES, WE CAN ALL STAND TO **REDUCE OUR STRESS LEVELS** AND LEAD HAPPIER AND HEALTHIER LIVES.



GET A LITTLE EXERCISE

This may sound very simple, but a little cardio and gentle toning such as yoga can work wonders for your health by lowering your stress levels. Happy hormones known as endorphins are released when you get active, which can only mean you get cheerier and cheerier. Plus, models credit a great diet and strict fitness regimes with their amazing figures, so there's no better reason to start!

START READING

A lot of us are on our mobile phones and laptops all day every day, which while is important for work, isn't so great for our emotional and physical health. Staring at laptops can cause eye strain, headaches and mental fatigue. When you head to bed, instead of going on your phone or watching the television, read a book instead.

EAT MORE PLANTS

It's more than okay to indulge in your favourite treat every now and again, but day to day you will notice a huge improvement to your emotional well-being if you eat more plants and digest more vitamins. Plus, eating a healthier diet with less saturated fats and carbohydrates will reduce bloating, dull complexions and lethargy.

GET SOME SLEEP

Models are up till the early hours of the morning practicing and moving from location to location, but one thing they will tell you is necessary for good emotional well-being is sleep. Getting your 8 hours a night will make sure you wake up refreshed, with a glowing and healthy complexion. Make sure you head off to bed a little earlier than usual, so you can read a book and drift off naturally.

STAY HYDRATED

Don't forget to drink lots of water every day, but especially when you're stressed. It will keep your body's cells working at their optimal level, as well as keeping your brain working hard. Plus, water is brilliant for keeping the skin clear. Indulge in water rich foods such as celery, and drink herbal teas which also contain botanicals to do a body detox.

KEEP POSITIVE

It's so easy in times of stress to break-down a little and not know what the best way out is. It's perfectly fine to have a cry and get it out of your system, but then it's always best to focus on the positive and work from that. Write down one positive thought or task that you have done that day to remind yourself that even though things may go wrong sometimes, you have done so many wonderful things.

Follow these steps and the world will be your runway!

Share your favourite happy tips with us @Lookfantastic



THIS MONTH

COMING UP

Shiffa

If you haven't already heard of Asian skincare sensation SHIFFA, you'll soon want to. It's a blend of natural botanicals and powerful actives that feed the skin with hydration and nutrition to give your complexion a healthy luminosity.

The brand itself and all of its products are inspired by ancient Arabia, calling on luxurious ingredients and calming rituals to deliver a truly unique skincare routine.

Shop the full collection now at [Lookfantastic.com](https://www.lookfantastic.com)

HEALING BALM | £96



@lookfantastic

#LFBEAUTYBOX

